

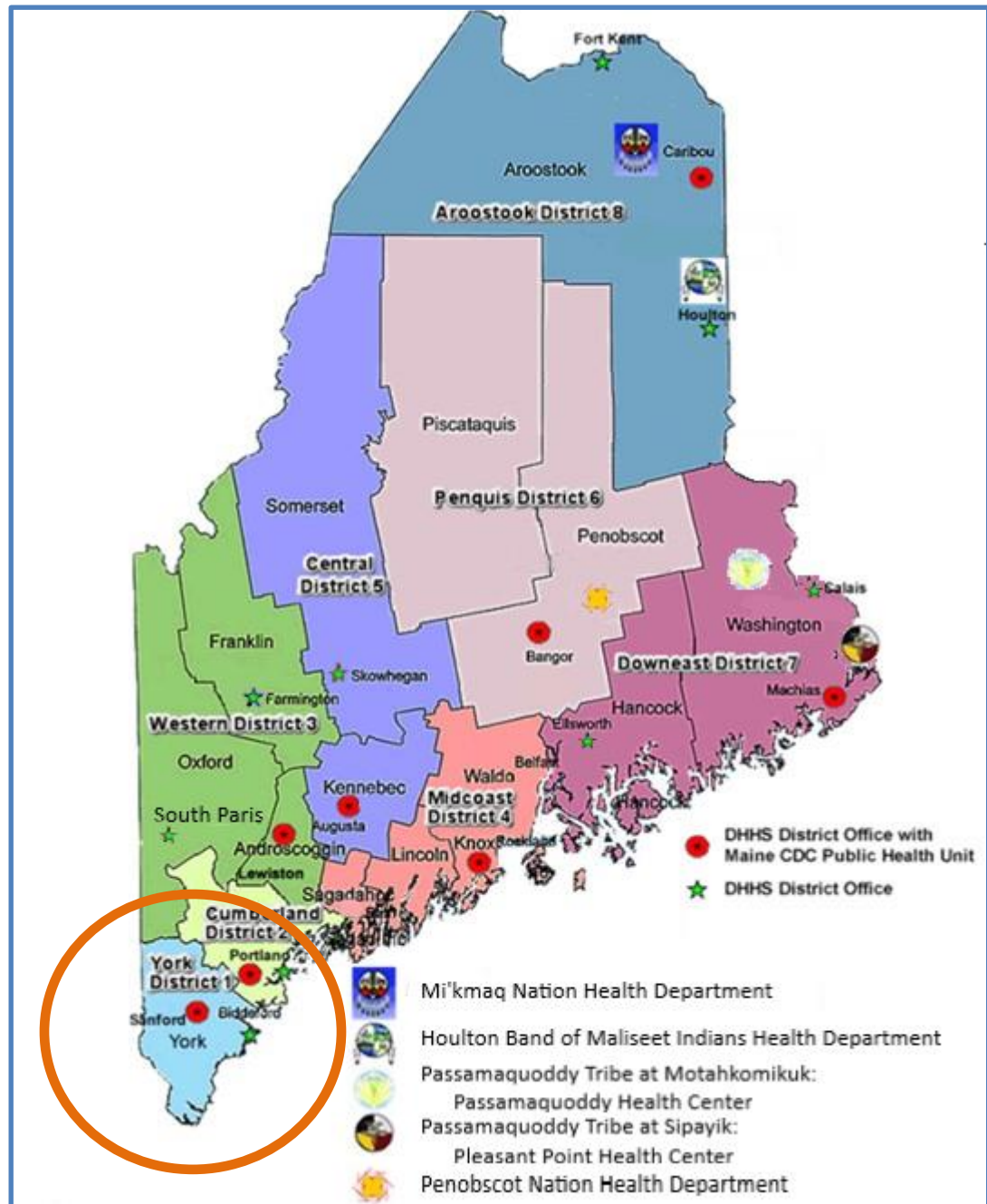
York District Public Health Council (YDPHC)

Statewide Coordinating Council for Public Health March 20, 2025 Meeting

Betsy Kelly
York SCC Representative



Where is York District?



Key Demographics

York County

Population: 211,972 (2020)

Area: 1,270 square miles

Density: 213.9 persons per square mile

Service Centers:

- Biddeford
- Sanford/Springvale
- York

Other:

- 11 Unincorporated villages or neighborhoods

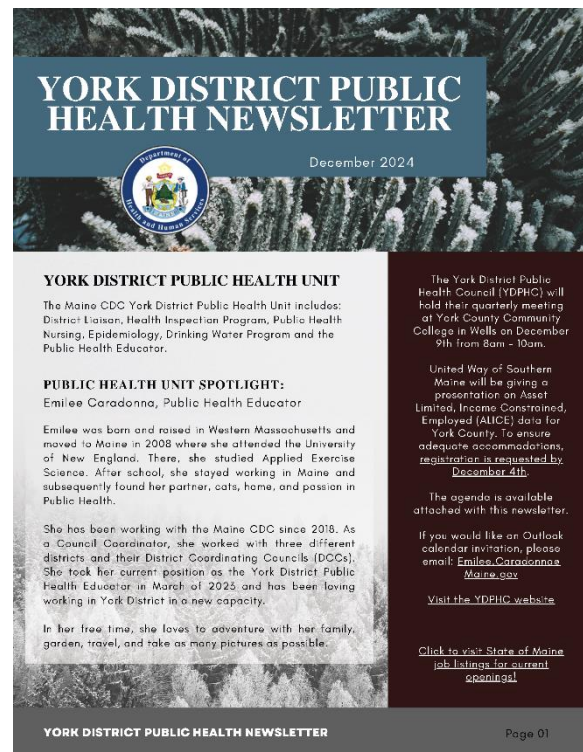
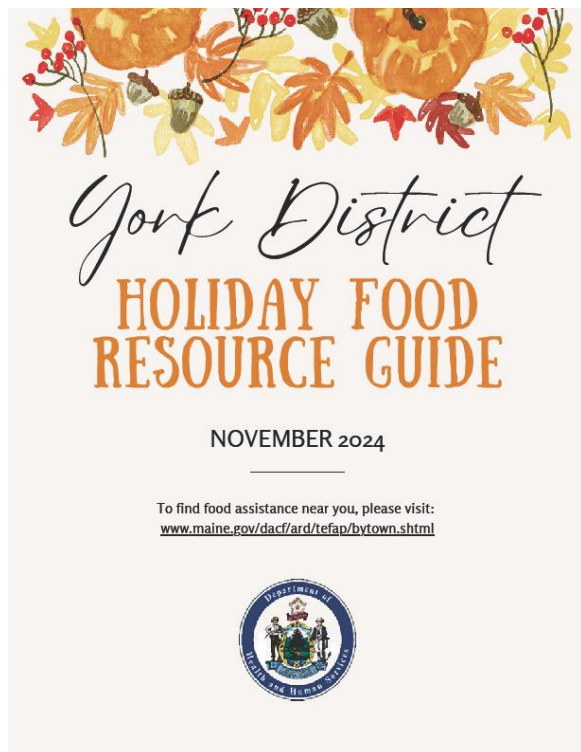


www.maine.gov/dhhs/mecdc/public-health-systems/lphd/district1/council-main.shtml

Public Health Unit

District	Office	Program	Referral Contact	Staff
York Public Health District	Sanford DHHS Office 890 Main Street Suite 208 Sanford, ME 04073	Public Health Nursing	1-888-644-1130	Matt Cohen, Supervisor (tel) 207-699-9048
		Health Inspection	1-800-821-5821	Joel Demers, Supervisor (tel) 207-592-7791
		Epidemiology	1-800-821-5821	Craig Rothfuss (tel) 207-822-2360
		Drinking Water - Non-Municipal Water System Inspector		Ralph Wesinger (tel) 207-446-8728
		District Public Health Liaison	1-800-821-5821	Adam Hartwig (tel) 207-490-4625
		Public Health Educator		Emilee Caradonna (tel) 207-592-0927

DCC Communications



DCC members and interested parties receive regular communications such as newsletters, resource guides, and relevant public health emails.

Year in Review



York District Public Health Council 2024 YEAR IN REVIEW

February 2025

Focus of the York District Public Health Council:

In 2024, the York District Public Health Council (YDPHC) focused on information sharing, connecting with partners, and local assessments.

72 Unique quarterly meeting attendees who helped move public health forward in York County - Thank you!

"We envision a comprehensive, well-coordinated, accessible and equitable public health system for all in York County."
-YDPHC Vision

Pictured above L-R: Adam Harwig, Maine CDC; Diane Small, Sanford Housing Authority; Emily Hinkstrom, Mainspring; Carter Friend, YCCAC; Valerie Franks and Nina Misra, United Way.

A panel discussion engages participants during December's in-person YDPHC meeting. Read more about the meeting on page 2.

In November 2023, the YDPHC had awarded Mainspring the District Public Health Infrastructure Grant from Maine CDC. In 2024, Mainspring used these funds to purchase the generator that will be needed to continue their important operations in the event of a power outage. Click the image below to read more!



Council Work

The York District Public Health Council meets quarterly in March, June, September, and December.

March 2024: YDPHC hosted presentations from the Maine CDC's Diabetes Prevention Program and Maine Prevention Network's Healthy Eating Active Living team.

June 2024: The Maine Shared Community Health Needs Assessment (MeSCHNA) committee presented relevant data for the upcoming assessment.

September 2024: The StrengthenME Storm Response team shared details on their program to support York District communities that were impacted by the January 2024 storms.

December 2024: The YDPHC met in-person at York County Community College to discuss United Way's ALICE data. A panel shared their work to support community members who are **Asset Limited, Income Constrained, Employed** — earning more than the Federal Poverty Level, but not enough to afford the basics where they live.

Key Data

The YDPHC supported the Maine Shared Community Health Needs Assessment (MeSCHNA) on 10/28/2024. Participants voted to prioritize:

- **Community Conditions**
 - housing, poverty, and provider availability
- **Protective & Risk Factors**
 - adverse/positive childhood experiences, physical activity, and nutrition
- **Health Conditions & Outcomes**
 - mental health, substance use related injury & death, and cardiovascular disease

Thank You

Please contact:

Adam Hartwig, York District Liaison

Adam.Hartwig@maine.gov

Besty Kelly, York District SCC Representative

Betsy.Kelly@mainehealth.org

